

# WHAT WE LOOK FOR AT TRYOUTS

**Motions** – Looking for execution, sharp and exact arm motions, and face/voice projection. Applicants have proper technique, levels, and wrist should not be bent.

**Dance Ability** – Looking for rhythm, smile, personality, execution and togetherness. Applicants must be able to both learn material quickly and perform material with ease after a short period of instruction.

**Tumbling** – Looking for coordination, clean execution, proper technique, and athletic ability.

**Partner/Quad Stunting** – Looking for confidence, coordination, flexibility, ease and poise. Applicants must have the ability to make corrections in technique and respectfully handle constructive criticism.

**Appearance** – Looking for physical attractiveness, neatness, poise, posture, and physical build. Applicant should present themselves at tryouts how they would present themselves at a game. Hair should be groomed and pulled back out of the applicants face. Applicants should also present themselves with poise and a collegiate demeanor.

**Enthusiasm** – Looking for smile, voice projection, rapport with crowd, eye contact and confidence. Applicants must be comfortable performing skills and all other materials learned. LU try-outs are not about showing the skill, it is about performing the skill with 120% effort and energy, as if in a game situation.

**Personality** – Collegiate attitude, maturity, and a strong work ethic. Applicants must be persons who want to play an integral in a large program. Applicants must be willing to both give and take, and recognize foremost that, working daily to wear the uniform is only a small part of the deal... achieving success for the privilege of being part of the team is where it's at... every day. Applicants who are only interested in wearing the uniform need not apply.

**Bottom-line: We are looking for very solid, talented, and dedicated cheerleaders; team players with character that can exemplify the core values of Longwood University. Please read our team player philosophy prior to attending tryouts.**